



EQUIPMENT LIST For Youth and Ma and Pa Couples

Reminder:
Please bring food for Tuesday
morning breakfast on the bus.

Each individual's gear must be able to fit into a 5 gallon bucket with a lid (NOT included in this gear is your sleeping bag, sleeping pad, coat and 2nd pair of shoes). The bucket serves a number of functions. It allows each trek family to organize and pack their handcarts, keeps your gear waterproof, and provides a seat for you to sit on. The early handcart pioneers allowed 17 pounds of gear when they came west. BE SURE TO WRITE YOUR NAME ON ALL OF YOUR GEAR!

- One 5-gallon bucket with lid, labeled with your NAME & WARD to contain ALL clothing and gear (except your sleeping bag, pad, 2nd pair of shoes and coat)
- One flashlight
- Leather gloves for pulling the handcart
- 3 Heavy duty plastic trash bags: one for your sleeping bag, one for wet/dirty clothing, and one to keep your bucket dry
- 1 Warm sleeping bag. It can get very cold at night
- 1 sleeping pad (or backpacking pad)
- 1 Metal Pie plate, 1 tin cup and 1 metal spoon, knife and fork (These are essential). These should be labeled with your name. Enamelware or stainless steel collapsible cups are OK. NOTE: We will not supply water bottles or disposable cups.
- STURDY 32oz water bottle
- 1 small package of Handi wipes
- 1 small bottle of hand sanitizer
- Personal hygiene items: 1 small hand towel, 1 comb or brush, 1 toothbrush and small tube of toothpaste
- Prescription medications if needed, labeled in the original pack
- Chapstick
- Insect repellent WITH DEET for mosquitoes
- Band-Aids and Moleskin for footcare
- Sunblock
- 2 Bandannas
- 1 pillowcase (to make a pillow out of your jacket)
- Set of old scriptures in a Ziploc bag
- Journal and writing instrument
- Picture of your family
- Optional: inexpensive camera in a sturdy, waterproof case
- If you wear prescription lenses, glasses instead of contacts. It is extremely difficult to care for contact lenses in the wilderness.
- Sunglasses (optional, but recommended)

NO CELL PHONES, IPODS, MP3 PLAYERS, VIDEO GAMES OR SIMILAR ELECTRONIC DEVICES.

Also, do not bring jewelry, watches, wallets, cash, cosmetics, gum, or candy